

Physical Education Major

PE 101-124. Activity Classes. 1 hour.

- 101 Tennis (\$5 fee)
- 102 Badminton (\$5 fee)
- 103 Flag Football
- 104 Weight Training
- 106 Tumbling
- 107 Soccer
- 108 Weight Control/Physical Fitness
- 111 Golf (\$35 fee)
- 112 Volleyball
- 113 Softball
- 116 Aerobic/Body Management
- 117 Flexibility/Fun Running
- 118 Basketball
- 122 Sand Volleyball
- 124 Aerobics/Super Circuit
- 126 Swimming

PE 131-144. Varsity Sports - 1 hour

- 131 Football - men
- 132 Baseball - men
- 133 Track & Field - men/women
- 134 Cross Country - men/women
- 135 Basketball - men/women
- 136 Soccer - men/women
- 137 Volleyball - men/women
- 138 Softball - women

139 Wrestling – men/women

140 Rodeo - men/women

141 Cheerleading - men/women

142 Dance Squad – men/women

143 Golf - men/women

144 Tennis – men/women

145 Lacrosse – men/women

146 Shooting Sports - men/women

147 e-Sports - men/women (will not satisfy Core 2B)

Note: Students that receive credit for a varsity sport cannot receive credit for the corresponding activity class.

PE 100 IS A PREREQUISITE FOR ALL PE COURSES NUMBERED 234 AND ABOVE, FOR PHYSICAL EDUCATION MAJORS.

Program: Physical Education

Type: Major

Physical Education Major Requirements K-12

SEE EDUCATION MAJOR

ED100, ED190 OR ED191, ED260, ED300, ED307, ED311, ED322, ED355, ED350 OR ED351 OR ED352, ED415, ED490 OR ED491 OR ED492, BI275, EX230 OR PE322, EX334, EX335, EX385, PE100, PE221, PE233, PE235, PE236, PE238, PE239, PE240, PE309 OR PE310, PE311, PE332, PE333, PY270

+ 4 courses from PE100-PE145

Item #	Title	Hours
ED 100	Introduction to Teaching	3
ED 190	Elementary Practicum I	1
ED 191	Secondary Practicum I	1
ED 260	Education of the Exceptional Child	3
ED 300	Instructional Methodology	3
ED 307	Classroom Environment	2
ED 311	Educational Psychology	3
ED 322	Teaching Reading in the Content Areas Gr. 4-12	3
ED 335	Classroom Assessment	2
ED 350	Elementary Clinical Experience	4
ED 352	Secondary Clinical Experience	2
ED 415	Student Teaching Seminar	1
ED 490	Student Teaching in Elementary Schools	6-12
ED 491	Student Teaching in Secondary Schools	6-12
ED 492	Student Teaching in Middle Schools	6-12
BI 275	Human Anatomy and Physiology I	4
EX 230	Prevention and Treatment of Athletic Injuries.	3
PE 322	Safety and Health Education for the Elementary Child	3
EX 334	Kinesiology	3
EX 335	Exercise Physiology	3
EX 385	Human Nutrition	3
PE 100	Foundation of Health and Physical Education	3
PE 221	Lifetime Wellness	2
PE 233	First Aid/C.P.R.	2
PE 235	Physical Education Skills and Activities for Primary Grades	2
PE 236	Physical Education Skills and Activities for Intermediate Grades	2
PE 238	Tumbling and Rhythmic Movement-Elementary	3
PE 239	Physical Education for Exceptional Children	3
PE 240	Motor/Perceptual Motor Development	3
PE 309	Theory & Techniques of Coaching Fall & Winter Sports	2
PE 310	Theory and Techniques of Coaching Winter & Spring Sports	2
PE 311	Theory and Methods of Sports	3
PE 332	Measurement and Evaluation in Health and Physical Education	3
PE 333	Psychology and Sociology of Sports	3
PY 270	Child and Adolescent Psychology	3

Physical Education Non-Certified Degree Requirements

SEE EDUCATION MAJOR

**ED100, EX230 OR PE322, EX334, EX335, EX385, PE100, PE221, PE233, PE235, PE236, PE238, PE239, PE240, PE309
OR PE310, PE311, PE332, PE333, PY270**

+ 4 courses from PE101-145

Item #	Title	Hours
ED 100	Introduction to Teaching	3
EX 230	Prevention and Treatment of Athletic Injuries.	3
PE 322	Safety and Health Education for the Elementary Child	3
EX 334	Kinesiology	3
EX 335	Exercise Physiology	3
EX 385	Human Nutrition	3
PE 100	Foundation of Health and Physical Education	3
PE 221	Lifetime Wellness	2
PE 233	First Aid/C.P.R.	2
PE 235	Physical Education Skills and Activities for Primary Grades	2
PE 236	Physical Education Skills and Activities for Intermediate Grades	2
PE 238	Tumbling and Rhythmic Movement-Elementary	3
PE 239	Physical Education for Exceptional Children	3
PE 240	Motor/Perceptual Motor Development	3
PE 309	Theory & Techniques of Coaching Fall & Winter Sports	2
PE 310	Theory and Techniques of Coaching Winter & Spring Sports	2
PE 311	Theory and Methods of Sports	3
PE 332	Measurement and Evaluation in Health and Physical Education	3
PE 333	Psychology and Sociology of Sports	3
PY 270	Child and Adolescent Psychology	3
Total credits:		54