

# Exercise Science Minor

**Program:** Exercise Science

**Type:** Minor

## Minor Requirements

**BI275, EX230, EX245**

**+3 courses from EX307, EX334, EX335 OR EX385**

Item #	Title	Hours
EX 230	Prevention and Treatment of Athletic Injuries.	3
BI 275	Human Anatomy and Physiology I	4
EX 245	Personal Health and Conditioning	2

## 3 of the Following

Item #	Title	Hours
EX 307	Theories of Strength and Conditioning	3
EX 334	Kinesiology	3
EX 335	Exercise Physiology	3
EX 385	Human Nutrition	3
<b>Total credits:</b>		<b>18</b>